



Dear Midway Hills Academy Families,

I hope this letter finds you well and that you had a wonderful summer break. As we embark on a new school year, I wanted to take a moment to introduce myself and share how I can assist your child's educational journey.

My name is Lauren Birston, and I am honored to serve as the School Counselor at Midway Hills Academy. I am committed to supporting your child's emotional, social, and academic development throughout their time here. I believe a strong partnership between home and school is essential for your child's success, and I am here to be an integral part of that partnership.

The role of a school counselor is multifaceted, and my primary goal is to create a safe and nurturing environment where your child can thrive. Here are some ways in which I can assist your child:

1. **Individual Counseling:** I am available for one-on-one sessions with students to address personal and academic concerns and help them develop essential life skills and coping strategies.
2. **Group Counseling:** I facilitate various group counseling sessions on self-esteem, friendship, and resilience, fostering a sense of belonging and emotional growth among students.
3. **Classroom Guidance:** I collaborate with teachers to deliver lessons on important topics like conflict resolution, bullying prevention, and study skills, equipping your child with valuable tools for success.
4. **Parent Support:** I am here to provide guidance and resources to parents, offering insights into how you can support your child's educational and emotional needs.
5. **Midway Hills Academy 504 Coordinator**

Your child's well-being and success are at the forefront of my priorities, and I look forward to partnering with you to ensure their journey at Midway Hills Academy is a positive and enriching one.

If you have any questions or concerns, please do not hesitate to reach out to me via email at [lauren.birston@baldwin.k12.ga.us](mailto:lauren.birston@baldwin.k12.ga.us) or by phone at (478) 457-2440. I am eager to get to know your child and work together to create a nurturing and successful school experience. Here's to a fantastic school year filled with growth, achievement, and memorable moments for your child!

Warm regards,

*Lauren Birston*

School Counselor